

# SEP

## Orientation Month

**Wholesome Wednesday**  
AROUND 1-2PM



WEDNESDAYS

SHEK MUN CAMPUS



SMC801

KOWLOON TONG CAMPUS



SCE1009

7  
Sep  
1-2PM

Whole Person Development  
Inventory interpretation session  
全人發展量表解說 (WPDI)



14  
Sep  
1-2PM

Finding time in college life  
在大專裡找尋時間



21  
Sep  
1-2PM



Positive life inspiration  
Art jamming

28  
Sep  
1-2PM

How to help people who is  
struggling emotionally  
如何陪伴受情緒困擾的人  
學習做個樹窿朋友



Succulent DIY  
超療癒！DIY多肉植物小盆栽



Why character strengths  
can help us resolve conflicts  
認識人性: 善用你的個性優勢去化解衝突

Whole Person Development  
Inventory interpretation session  
全人發展量表解說 (WPDI)



Learning Strategy Series:  
Active learner skills

apply here



enquiry 3411-3303 / ciesdc@hkbu.edu.hk

<https://bit.ly/wpdpwed>

Certificate will be issued to AD students who have attended 5 WPDP sessions or more in academic year 2022-2023